

Why do some men get better and better as they age and others just age?

because ... like it or not

The “Lizard Brain” Rules!!!

We are living in a modern world with a body genetically programmed for our distant past.

But, while that’s absolutely true --- and we will talk more about how you are being controlled by the “Lizard Brain” --- *there’s always one guy....*

You know him. We all do. He walks through a room and heads turn. There’s just something about him. Who *knows* what women are thinking when they look at him. But I can tell you what every guy is thinking --- they want to **be** him.

Or, if not be him, they want to know what he’s got that they don’t. What puts that little bounce in his step? That damn twinkle in his eye? How come he can work all day coach his kid’s team take his wife out on Friday night ... **and** play 18 holes every weekend?

He’s the one that gets the promotions. He’s the one that jogs every morning and looks younger than when you met him. He’s never uptight --- always seems to know where he’s going.

Life just works for him.

What’s his secret? Pretty simple, really. It’s not genetics or some mystical “fountain of youth” nonsense.

Why do some men actually LIVE instead of just going through the motions?

It's because they FEEL GOOD.

Careful now, don't take that last sentence lightly. How often do you *really feel good*? After you've put in a full day's work, do you feel like spending several hours with your kids? Or working out? Taking the dog for a walk? Or spending a romantic evening with your wife?

Do you honestly feel like doing *anything* that does not involve a couch and a remote control?

So what happened? You didn't always feel this way. Remember what it felt like to have energy --- and stamina --- and the desire to do..... well, to do lots of things? Of course, those things can't last, right --- we all get older and just have to learn to adjust. Right?

WRONG!

Make no mistake

Your BODY --- your MIND --- and your SPIRIT are under attack

You have to fight back!

Sound kind of dramatic? Think you're about to hear a bunch of hype that you've probably heard a hundred times before? Some will assume that and just toss this away. Hopefully, for them, there will always be cable sports and a half a dozen CSI take-offs.

But I'm betting you are different. You are *not* satisfied with your life the way it is. And, yeah, it's tough to move through all the product spin that we're bombarded with every day. But, at the risk of sounding a little corny, *life is meant to be lived!* It is possible to look forward to getting out of bed every morning. To enjoy the challenge of your work so that it comes easily to you and you surprise yourself and others with the results. To look *really good* in those jeans you have stuck in the back of the closet.

You can be the guy that finishes up eighteen holes and is looking for someone to go again --- or who stays out late on Friday night and is up early on Saturday to go fishing --- or hunting --- or sky-diving --- *or whatever you want to do instead of what you feel you can do.*

What used to be a life limited by energy --- too much to do and not enough energy to get through it all --- becomes a life limited only by time --- too many things you want to do but not enough time to do them all. That's LIFE! That's who you *really* are.

But first you have to understand that crucial areas of your body are being controlled in the same manner as our ancient ancestors. Think you're in charge of your appetite --- or your sleep pattern --- or your memory --- or your sex life? Think again!

The “Lizard Brain” Rules!!!

First called “le grand lobe limbique” in 1878 by the French physician Paul Broca, the limbic system is the part of the brain that evolved first. Being like a reptile's, it is often called the “lizard brain” and is an ancient survival mechanism affecting our endocrine and autonomic nervous systems. Among other things, these systems control:

- heart rate
- blood pressure
- sexual arousal
- ability to think clearly
- attention and memory functions
- hunger
- sleep cycles
- aggression and fear

This part of our brain is set off by the activities of our daily lives --- with poor nutrition and stress way being way up on the list of contributors.

We know we all get too busy to eat the way we know we should even if we could find nutritious foods. But what we don't realize is that the "lizard" part of our brain is interpreting inadequate nutrition the same way it did thousands of years ago --- that we are in danger of starving to death! So, what happens? It kicks into starvation mode. It tries to "save us" by increasing our feelings of hunger so we will go after more food. And it stores what we have eaten as fat so that we will have something to live off of down the road when we can't go out hunting and foraging.

So advanced we're killing ourselves

When I remember going to my grandmother's as a kid, I have lots of good memories, but, oh, how I remember the food! Fried chicken that woke up that morning in the back yard, vegetables out of her garden, biscuits made from scratch with honey bought from an old man that came by every month or so..... Not for any amount of money could I find a meal like that where I live today.

Doesn't exactly sound like "health food", does it? But, you know what? People sure did seem healthier. I can't hardly remember anyone that was really overweight. People were a whole lot more active, too. No, they didn't jog or go to the gym. But they worked hard. The men and the women. Everything required a lot more physical effort back then. Now, don't get me wrong. I don't want to work as hard as my grandfather. I truly appreciate all the labor-saving devices available --- but I have to wonder about the trade-off.

Our lifestyle is taking a huge toll

Did you know that obesity takes nine years off of the life of an average person? Or that our obesity rate has *tripled* since 1960? It all started when we stopped eating the way our grandparents did. There are 320,000 processed (read that as "without nutritional value") foods and beverages in the U.S. --- half of those introduced in the last fifteen years. 30 *billion* dollars is spent every year on marketing what is essentially packaged poison. If that isn't scary enough, we have *more than a quarter million fast food restaurants*. We

spend more on fast food than we do on higher education, new cars and computers combined!

We all know we should “eat better”. Stay away from fast food. How many times have you promised yourself that you would eat right, exercise and do the things that would make you feel better?

You were always going to start “tomorrow”, right? Well, those tomorrows have come and gone.

What makes us feel even worse is this underlying sense of guilt and failure --- we think we *should* be able to “get on top of things”, “go the extra mile”, “be all that we can be” and, my personal favorite, “just do it”. Well, the truth is, the cards have been stacked against us.

The human body is just like a car. Doesn't matter how much you paid for it, if you put trash in the tank it shows in the performance. And because of severe soil nutrient depletion and the way we manufacture and process our foods, *it is impossible to eat enough to get the nutrition we need.*

Sometimes you really don't want to be Number One

America leads the world in nutrient depleted soil. And we have known this for a very long time.

”99% of the American people are deficient in minerals... The alarming fact is that foods, fruits, vegetables, and grains now being raised on millions of acres of land no longer contain enough certain needed minerals and are starving us, no matter how much of them we eat.”

US Senate Document 264, 74th Congress, [1936](#)

If you believe in reincarnation then you could just hope for a better life your next time aroundOR.... you could start to *take control of your life right now... today.*

Stress – The Silent Killer

Canadian physician, Hans Selye, creator of the modern concept of stress, is quoted as saying, "stress is the result of a civilization which man himself no longer can withstand". Our lives are filled with stress --- demanding jobs, relationship issues, financial problems --- I know my list is pretty endless and I'll bet yours is too. But what may seem to us as just a minor incident, registers in the "lizard" brain as a "fight or flight" trigger. This used to motivate us to get out of the way of a saber-toothed tiger or a hostile warrior. Now it's being set off all the time by things like rush hour traffic, deadlines at work, gas prices and fluctuations in the stock market.

"When you get a Wall Street broker using the responses a cave man used to fight the elements, you've got a problem." Peter Knapp, Psychiatrist, Boston University

Chronic stress creates hormonal imbalances and can lead to all sorts of things --- none of them good:

- weight gain
- diminished sex drive
- infertility
- increased cholesterol levels
- high blood pressure
- sleeplessness
- depression
- heart disease
- diabetes

While it is true that these are chemical responses we have no conscious control over, research has shown that there are ways to reduce stress and adapt to its effects. One of the keys, of course, is to relax. Easier said than done, right? Well, just keep reading and I'll tell you how to get a copy of our brand new "Relax Your Way to a Longer and More

Dynamic Life” --- ***absolutely FREE!*** But, first let’s talk a little about what you could be doing, ***right now***, to counter the effects of stress.

Don’t *accept* the “aging process” --- don’t even *settle* for getting back some of the energy and drive that you used to have.

When the stakes are this high --- when the very quality of your life is on the line --- you want the “A Team” on your bench!

Alpha-One™

For the Alpha Male in You

All Natural Formula designed for Men Only

Contains Incredible Energy-Charged Super Food

Not available in any other product

made in the US.

Developed by Dr. Martin Smith, director of the Martin Smith Clinic and Health Awareness Center, **Alpha-One™** is a high-potency supplement ***created exclusively for men only***. Dr. Smith became convinced that symptoms showing up in men ranging from those in their early 30’s all the way through those well into retirement were the result of the damaging effects of the typical Western diet. Low energy --- lack of motivation --- inability to concentrate --- impaired sexual function (performance *and* desire) --- compromised immune systems --- weight gain --- these can all be linked to inadequate or improper nutrition. But so can life-threatening conditions such as heart disease, diabetes and certain types of cancer.

Years of research went into developing **Alpha-One™**. This all-natural formula contains exactly what your body needs for increased energy and stamina --- the ability to adapt to stress --- healthy cell metabolism and organ function.

Will it make you the world's greatest lover? Depends. Were you ever that "talented"? If so, then, absolutely! If you weren't, then, in all honesty, **Alpha-One™** can't give you those skills --- but it can definitely give you the energy and functioning ability to pursue that as a goal!

Kind of ironic, huh? Our modern world is zapping us with stress, processed food with no nutritional value and environmental pollutants everywhere we turn. And, at the same time, modern research has discovered what amounts to "miracle" formulas, using natural ingredients that can combat all that abuse.

Don't care much for that word "miracle", do you? Okay, fair enough. But, let me ask you. If someone looked you over and waved their hand or snapped their fingers and

*All of a sudden you wake up in the morning raring to go --- feel great throughout the day --- your thought process is sharp and creative and gets you great reviews from the boss --- pounds start melting off --- everyone is asking what your secret is --- you look forward to spending time with the kids --- your wife can't wait to get the kids to sleep--- heads turn when you enter a room --- **you are that guy!***

So, what do you think? "Miracle" too strong?

We ARE the enemy!

After the most significant naval battle of the War of 1812, Oliver Hazard Perry sent the famous "We have met the enemy and he is ours" message to General William Henry Harrison. Many years later, another well-known American hero, Pogo, paraphrased Commander Perry by stating:

"We have met the enemy and he is us".

Nowhere does this rather insightful statement apply more than what we are doing to our health and our lives through technology. Commercially processed food, unrelenting

stress and environmental toxins are literally killing us. Over twenty years ago, at the Earth Summit Statistics meeting, it was reported that the farmlands in North America were **85% micronutrient depleted**. And in the June 2002 issue of the Journal of the American Medical Association, leading medical researchers and doctors recommended that “every American use a daily multi-nutrient supplement to address the health dilemma of nutritionally poor diets.” And I probably don’t have to tell you --- **doctors have never been big fans of supplements!**

But, take heart ---- even though we turned our backs on her ---- even though we have seemingly tried to destroy her --- we have an ally who ranks right up there with the greatest of the Super Heroes...

Mother Nature to the Rescue!

And, what else would a bona fide super hero bring to the table but all-natural, health restoring-----

Super Foods!

Alpha-One[™] contains the super green foods *hydrilla verticillata* and alfalfa. Talk about your one-two punch!

Hydrilla verticillata is a superior rooted green algae. Not normally available in our Western diet, hydrilla contains trace minerals that may be the **most important of all nutrients**. Referred to by scientists as a “cyclical nutrient pump”, it can literally suck up all the nutrients from the soil and the water. Then hydrilla actually skips a step in the growing process! This is one of the reasons hydrilla is so nutritious. The growing process requires a lot of energy and skipping that step allows that energy to be stored and passed on to you in the form of:

- Enhanced energy
- Anti-aging properties

- Weight management through appetite suppressant and fat burning so powerful they had to stop feeding it to cattle because it made them *too lean!*
- Muscle building
- Cancer prevention through potent Antioxidant activity. Provides free radical scavengers, RNA/DNA, Polysaccharides, SOD, Chlorophyll and Beta Carotene. Counteracts many of the damaging effects of Free Radicals, which are known to cause cells to mutate and become cancerous.

“Father of all Foods” to the Chinese

Hydrilla’s super green sidekick, alfalfa, was first discovered in the Middle East and was called the “father of all foods”. It has been used by the Chinese since the sixth century to treat kidney stones, relieve fluid retention and reduce swelling. Because alfalfa roots burrow deep into the earth they access minerals and other trace elements untouched by other plants. You want *this* super food in your corner when it comes to:

- Alleviating the crippling affects of arthritis
- Preventing the embarrassment of frequent urination and inability to perform sexually associated with prostate problems
- Reducing your risk of having your lifestyle limited by the constant monitoring and balancing of your blood sugar due to diabetes
- Maintaining your ideal body weight so that you have the energy and desire to be active --- work hard, engage in sports and hobbies, interact with family, enjoy a healthy sex life, now, and for the rest of your life

- Avoiding the pain and discomfort of ulcers --- not to mention being restricted to a bland diet and having to give up most, if not all, of your favorite foods
- Living longer by lowering your cholesterol
- Not being restricted in the activities you love --- especially those outdoors --- by the affects asthma and hay fever

All Natural – No Preservatives

All natural **Alpha-One**[™] has a vegetarian formula with characteristics that make it far superior to other products on the market. *Hydrilla verticillata* and alfalfa are both loaded with chlorophyll. Magnesium-rich chlorophyll is to plants what iron is to the human blood. It is comprised of “whole-food” nutrients and contains enzymes that normally have to be manufactured by the pancreas. Because the enzymes are already present to begin breaking down the nutrients they can quickly and easily be recognized and assimilated by the body.

Alpha-One[™] contains no preservatives and no binders. Other companies add these unhealthy ingredients to protect their products from oxidation. **Alpha-One**[™] contains vital food factors that provide this same protection naturally. And, because it is chemical-free and composed entirely of naturally occurring nutrients that are self-buffering, **Alpha-One**[™] can be taken on an empty stomach at any time. Doesn't it make you wonder why so many medications, vitamins and supplements advise you not to take them on an empty stomach? Why would you want to take something that you have to protect yourself from?

Is there a rocking chair in your future?

Someone once told me that whenever they have trouble making a decision, they do a mental fast-forward. They see themselves sitting in a rocking chair when they are older

and reviewing the times of their life. Looking back on the decision supposedly helps them figure out if they regret doing or not doing whatever it is that they are trying to decide.

Well, forget that! It may be an okay mental exercise but the only use I *ever* want to make of a rocking chair is to maybe sit down and lace up my new running shoes --- or look over travel brochures for my next trip --- or make a phone call to some romantic restaurant to take my wife --- or use it for kindling for the fire place in my cabin on the lake. ***I intend to still be “doing” not “reviewing” all the years of my life!***

And I believe that's what you want, too. You have to do more than just want it, though. You have to make the smart choices. Your body is the most incredible “machine” ever conceived. But, like any other machine, its performance is entirely dependent on the quality of the fuel it gets.

If you want your energy to skyrocket --- pounds to start melting off --- improved memory and concentration --- healthier joints --- the sexual stamina of a 19 year old --- if you want the life that you deserve to have, then look no farther than **Alpha-One™**!

Time for some serious thought?

Not!!! *Time* is the one thing that you do not have. It's taken you what, two or three minutes to read through this? Well, those minutes are gone --- you *never* get them back. It's *your life* that is speeding by and there is one basic truth of life --- in ten years you will be ten years older. You have absolutely no choice about that. What you *can* choose is the quality of those ten years.

So, do you choose to take control of your life or settle for controlling the remote?

Choose Life – Choose Alpha-One™

Very soon, for less than the cost of a coke at a fast food restaurant, your body will be getting all of the nutrients it needs to completely energize your day. You will start feeling something bubbling up from inside you that has probably been so buried that you may not recognize it at first --- the pure joy of living!

Of course, you will have one tough decision to make --- do you share the secret of the new you or do you keep the “miracle” powers of **Alpha-One™** all to yourself?

Special Offer!!! For a Limited Time Only!!!

Order TODAY

And receive a copy of

“Relax Your Way to a Longer and More Dynamic Life”

Yours to keep, ABSOLUTELY WITHOUT COST, even if you decide that the life-altering power of Alpha-One™ is not for you!

“Relax Your Way to a Longer and More Dynamic Life” was created exclusively for the Martin Smith Clinic and Health Awareness Center by Maria Bravo, a psychotherapist and clinical hypnotherapist with over thirty years experience working with people from all walks of life. It became clear to Ms. Bravo that certain techniques were extremely beneficial for almost all of her patients --- *no matter what their individual issues were.*

Almost five years in the making, this unique audio program works subliminally on multiple levels. Achieving such a deep state of relaxation alone promotes healing in ways that modern science is just now beginning to recognize. But “Relax Your Way to a Longer and More Dynamic Life” goes far beyond relaxation. Using techniques that speak directly to the “mind of the cells”, suggestions are included for each cell to return to its original perfect condition --- free of all disease and disharmony.

“I’ll admit I was skeptical. I’ve never been much for things that claim to work on your subconscious. But I’ve had arthritis for over seven years. I had to stop working in my shop and I couldn’t lift my grandkids anymore. I hated taking all those pain pills but

sometimes I just couldn't help it. Then my daughter gave me your CD and made me promise to give it a try. I thought it was a waste of time but I listened and after about a week I started feeling some relief. Now I do pretty much anything I want --- and no pills! This is one time I'm happy to admit I was wrong!" R. Wells, Springfield, IL

"I was always so stressed out my wife was sure I was headed for a stroke. But that's life in the fast lane and you have to keep up or get run over. When I stopped being able to sleep and had indigestion all the time and what I was sure was the beginning of an ulcer I decided maybe she was right. I started listening to "Relax Your Way to a Longer and More Dynamic Life" and it was like I was back in control. I was more relaxed which meant I felt better and could think better which meant I got more done in less time. Life is still stressful but now it just doesn't seem to have the same effect on me. Thanks for putting me back in the driver's seat!" J. Crawford, Jacksonville, FL

This incredible audio program will soon be offered through the Martin Smith Clinic and Health Awareness Center for \$59.95. But for a limited time, when you place your first order for **Alpha-One**[™] we will send you your very own copy of "Relax Your Way to a Longer and More Dynamic Life" **absolutely FREE**.

There is simply no way for you to lose on this offer. **Alpha-One**[™] comes with an iron-clad, no-risk-to-you guarantee --- if for any reason you are not completely satisfied, your entire purchase price will be refunded --- no questions and no hassles --- and "Relax Your Way to a Longer and More Dynamic Life" is yours to keep. We believe in our product

and we believe that most people are honest and well intentioned. That's why we feel that we can make an offer like this where all the risk is ours.

It's Your Life --- To Live or Not

You owe it to yourself --- and to those in your life --- to live the fullest and most healthy life possible. **Alpha-One**[™] can help you do just that. You have everything to gain and *absolutely nothing to lose*. Most products these days come with some sort of guarantee but you will not find one more risk-free than ours. We are so sure of the life-enhancing benefits of **Alpha-One**[™] that we make you this pledge:

If for any reason, Alpha-One™ does not live up to your expectations --- not our claims but your expectations --- just call our toll free number and request your money back. There will be no questions asked.

It just doesn't get any fairer than that. **Don't wait** --- remember, your life is racing by whether you are ready for it or not.

Take control --- order today!

[Lift Note: 2 pages, to run on corporate letterhead, 2 / c]

Dear Friend,

My name is Martin. Everyone tells me that I should be writing this as Dr. Martin Smith, Director of the Martin Smith Clinic and Health Awareness Center. And that is true --- I am a physician. I have degrees from Oxford and Johns Hopkins and more years of experience than I would care to count.

But I am asking for a moment of your time today, not as a doctor, but as a son --- as someone who has experienced the pain of watching a loved one deteriorate right before my eyes and not be able to do anything to stop it.

When I was growing up, my dad was my hero. It was more than his always being there for me and my brothers --- more than the way he could solve every problem and take care of everyone in our neighborhood. He seemed like Superman to me because of his strength and tireless energy. It was like he just couldn't get enough of life!

*As I grew older and especially after finishing medical school, I knew, intellectually, that the aging process would eventually affect even him. What I wasn't prepared for was my healthy, robust father becoming listless, sluggish and apathetic **in his early 60's**. This was a man that never slept later than 5 o'clock in the morning because he couldn't wait for the day to start --- and, seemingly all of a sudden, he could barely drag himself out of bed in mid-morning!*

People say that doctors become hardened to the pains and suffering of their patients, and maybe, as a bit of self-protection, we do. Well, I will be honest with you --- this doctor found himself in a situation that was almost more than he could deal with. Besides the pain of knowing this was happening to someone I loved, I

was riddled with guilt. Here I was supposed to be a big-shot doctor and I may as well have worked in the circus for all the good it did my dad when he needed me.

Fortunately, a good friend sat me down, pretty much told me to get over myself and convinced me to channel my frustrations and my fury with the medical establishment into something worthwhile. I began studying alternative medicines and traditional methods of healing and dietary practices. Finally, in Linhai, a small town to the south of Shanghai, I basically stumbled upon what I had been searching for.

I had become convinced that my father was robbed of his health because his body was not getting the nutrients that it needed. Over the course of a lifetime this can lead to all of the conditions we have come to accept as normal aging. In China, I learned that healers have known for centuries how to slow and to even reverse these same conditions. The good news is that after several years of research and trials, I am very proud to say we have captured this life-altering power in Alpha-One™.

That's the good news --- the bad news is that it didn't happen in time to help my dad. He passed away a year before Alpha-One™ was ready to market.

As you read through the material in this presentation you will learn about the tremendous effect Alpha-One™ can have on your life. I am not going to try and restate any of that here. You have the right to make up your own mind and the freedom to choose how you live. But don't make the same mistake I did --- don't wait until it's too late to give those you love the chance to fight the effects of poor nutrition and aging. Even if you don't decide to take advantage of the power of Alpha-One™ in your own life, please pass this information on --- to your father, uncles, brothers and friends.

My share of the proceeds from Alpha-One™ are being donated to continuing research in the area of men's health --- it's the least I can do in honor of my father.

To your good health,

Martin

[Order Device]

YES, I am ready to take control and start really *living my life* --- with more energy --- greater vitality --- stronger muscles --- improved memory and concentration --- the sexual stamina of a 19 year old! I want to know that I am giving my body what it needs to fight the effects of today's nutrient-depleted diet --- crippling stress --- and the constant bombardment of environmental toxins.

**Absolutely 100% Risk and Hassle Free
No Questions Asked!**

I understand that, if for any reason whatsoever, I am not completely satisfied with the results I receive from Alpha-One™, I can simply call the toll-free number provided on every bottle and ask for a full refund. I further understand that I am encouraged to take the full supply I have ordered and should I request a refund there will be no questions asked and I will not even be required to return any of the product.

Good Value

_____ \$49.95 for a 30-day Supply
Please add \$3.95 S&H

Better Value – **Save 25%!**

_____ \$79.95 for a 60-day Supply
Please add \$4.95 S&H

Super Value – **Save over \$40!**

_____ \$105.95 for a 90-day Supply
Please add \$5.95 S&H

Limited Time Offer!!!

\$59.95 Value --- Free if you Order Today

“Relax Your Way to a Longer and More Dynamic Life”

Order today and receive your **FREE** copy of **“Relax Your Way to a Longer and More Dynamic Life”** --- yours to keep just for trying **Alpha-One™**.

___ Please charge my credit card ___ VISA ___ MASTER CARD ___ AMERICAN EXPRESS

Card Number: _____ Expiration Date: ___/___ 20___

Signature: _____

Credit Card Orders Only

___ Enclosed is my check in the amount of \$ _____

Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Telephone Number: _____ (only for questions regarding this order---never for any type of solicitation and we do not share your information with anyone)

[Sidebar or insert page]

Introducing the rest of the “A Team”

Whole food and herb extracts

- **Siberian Ginseng Root** --- referred to as the “Arctic Tonic” was used by Russian cosmonauts to boost their mental and immune functioning under stress of space travel.
- **Fo-Ti Root** --- one of the most widely used tonics in traditional Chinese medicine, is used to enhance longevity, increase energy, alleviate lower back pain and for premature graying.
- **Pumpkin Seed** --- promotes prostate health and aids in regulating cholesterol levels.
- **Gotu Kola Leaf** --- regarded as one of the most rejuvenating herbs in Aryurvedic medicine is known as “food for the brain”. Its uses include promoting relaxation, improving memory, combating insomnia, stimulating circulation and supporting the central nervous system.
- **Hawthorne Berry** --- recognized for centuries by the ancient Greeks and Native Americans for its “heart-healthy” properties is now a frequently prescribed heart remedy in Europe. It is a potent antioxidant and appears to increase blood flow to the heart, relieve angina and control high blood pressure.
- **Panax Ginseng Root** --- used medicinally in Asia for more than 5,000 years, this amazing herb was often considered more valuable than gold to the Chinese. Primary uses are to counter effects of stress, normalize blood pressure and blood sugar, increase stamina, as a sexual tonic and for overall health and vitality.
- **Ginger Root** --- known primarily for its pungent taste, this plant has been used for centuries to aid digestion. It is also considered very effective in minimizing inflammation, lowering cholesterol and improving circulation.
- **Sarsaparilla Root** --- used to relieve inflammation in joints and muscles, improve kidney and liver function, increase metabolism and enhance energy.
- **Nettle Leaf** --- used in Hippocrates’ time to treat bites and stings, it is a rich source of iron, calcium and folic acid and is used to support the functioning of the kidneys, urinary tract and immune system.

- **Licorice Root** --- its use dating back to Biblical times, this herb has such diverse healing properties that it has even been studied by the National Cancer Institute. Most common uses are for inflammation, immune system enhancement, respiratory problems, chronic fatigue syndrome, fibromyalgia, skin irritations, liver function and cancer prevention.
- **Ginkgo Leaf** --- known primarily for its memory-enhancing properties, Ginkgo has survived in China for more than 200 million years and has a tremendous amount to offer the health conscious. By regulating the tone and elasticity of blood vessels, it is believed that this amazing herb can:
 - ✓ Slow the progression of Alzheimer's symptoms
 - ✓ Counter impotence
 - ✓ Relieve depression
 - ✓ Reduce anxiety, headaches, tinnitus (ringing in the ears) and dizziness
 - ✓ Alleviate symptoms of Raynaud's disease
 - ✓ Reduce macular degeneration and control cataracts
 - ✓ Treat complications of diabetes
 - ✓ Reduce risk of heart attack or stroke
 - ✓ Ease asthma attacks

[Alpha One - Envelope]

Will the "fountain of youth" ever be discovered hidden away somewhere in Florida?
Unlikely.

Can you look, act and *feel 10, 20 even 30 years younger* than your peers? ***Absolutely!!!***

Details inside.....